

HR Report – Wellness

Client C - 35 records (First 4 months – 287 employees)

*Records	Medical Potential	Work Comp Potential	*Treatment Improvement	*Number of Sessions	*ADL's Affected	Cost of Program YTD	Treatment Cost Savings
Total Averages	4	9	69.27%	3.65	22	\$ 11,200	\$26,827
Foot Issue (2 records)	0	0	80.00%	5.00	2		
Ankle Issue (1 record)	0	0	40.00%	2.00	1		
Elbow Issue (2 records)	0	1	76.19%	5.00	2		\$8,160
Hand Issue (1 record)	0	0	50.00%	2.00	1		
Hip Issue (1 record)	1	0	100.00%	4.00	0		\$3715
Knee Issue (3 records)	2	0	81.11%	3.00	3		\$3,535
Low Back Issue (8 records)	1	2	89.67%	3.38	4		\$9,326
Neck Issue (2 records)	0	1	83.34%	5.50	1		\$530
Numbness/Tingling (1 record)	0	1	85.71%	5.00	1		\$3,400
Plantar Fasciitis (1 record)	0	0	25.00%	2.00	1		
Shoulder Issue (7 records)	0	3	66.02%	3.86	4		\$3,860
Upper Back Issue (3 records)	1	0	66.82%	3.33	0		\$371
Wrist Issue (3 records)	0	1	56.67%	3.33	2		\$645

DEFINITIONS:

Records

Issue represents the body part that was treated (e.g. wrist, ankle, shoulder)

ADL's (Activities of Daily Living)

Refer to the activities that a person could not or had difficulty doing before the treatment that he/she can do now without pain or minimal pain (e.g. "Before the treatment I had to have help pulling my sweat shirt over my head myself. Now I can do it no problem.")

Work Affected

These are similar to the ADL's, except that they relate to activities at work (e.g. "Before the treatment I could not sit at my desk in front of the computer for more than 15 minutes before experiencing back pain. Now, I can sit for 45 mins before I feel the need to get up an stretch.")

Treatment Improvement

This is the measurement of improvement a person feels as a result of the treatment. Sometimes, a condition is fixed, in which case the improvement is 100%. Another person may only experience a 70% improvement. Combined, the percentage of improvement is 85%.

Number of Sessions

Average # of sessions represents the average number of times a person is seen before the conditions is completely fixed or the impact had leveled off. Once a condition has been fixed or the treatment has leveled off the person may be moved to maintenance. For example, they are seen once a week for four weeks in a row. The condition has leveled off at 70% improvement. They are than moved to once a month maintenance (e.g. On average, it took 3.6 sessions to fix an ankle condition 100% or get the person to a point where the impact of the treatment has leveled off – 70% is the best that can be expected).